

Physical Education - Key Stage 3 Topics

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Developing skills in physical activity	Making and applying decisions	Evaluating and improving	Healthy, active lifestyles	Developing Physical and Mental Capacity	What's your role?
Year 8	Developing skills in physical activity	Making and applying decisions	Evaluating and improving	Healthy, active lifestyles	Developing Physical and Mental Capacity	What's your role?
Year 9	Developing skills in physical activity	Making and applying decisions	Evaluating and improving	Healthy, active lifestyles	Developing Physical and Mental Capacity	What's your role?

Physical Education - Key Stage 4 Topics

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10						
Year 11	Unit 6 Practical Sport Unit 2 Healthy and Safety		Unit 1 The Body in Sport			Not applicable

Physical Education - Key Stage 5 Topics

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 12	Unit 2 Leadership Skills in the Public Services Unit 6 Fitness Testing in the Public Services			Unit 9 Outdoor and Adventurous Expeditions Unit 10 Skills for Land-based Outdoor and Adventurous Activities		
Year 13						